

Getting Help



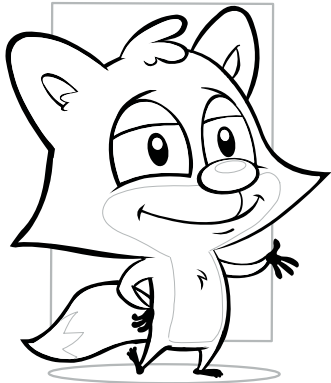
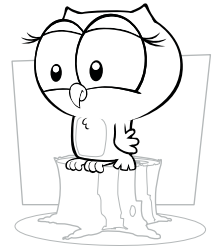
Video, Worksheet, and Discussion Starters

In “Getting Help” Hunter learns steps for getting help from a trusted adult.

- The Hunter and Eve “Getting Help” video and worksheets are available to view and download at: <http://dcc.missouri.edu/hunter-eve.shtml>
- “Getting Help” worksheets include activities for youth to complete that help reinforce the “Getting Help” steps. These worksheets can be completed after viewing the “Getting Help” video.
- The discussion starters below can be used by parents, teachers, or other adults working with children to review, discuss, and reinforce the steps that appear in the “Getting Help” video. Discussion starters are provided for use before and after viewing the “Getting Help” video.

Suggested discussion starters before showing “Getting Help” video:

- What are some examples of situations where you might need to ask for help?
- If your friends and family were not around to help you, how could you find a trusted adult?



Suggested discussion starters after showing the “Getting Help” video:

- What were the three steps in the video?
- Hunter asked Mr. Garcia for help. How did Hunter know that he could trust Mr. Garcia?
- In step #2 in “Getting Help”, Hunter had to explain what he needs. Why do you think it is important to explain what you need?
- What are some ways that you can say thank you to someone?

