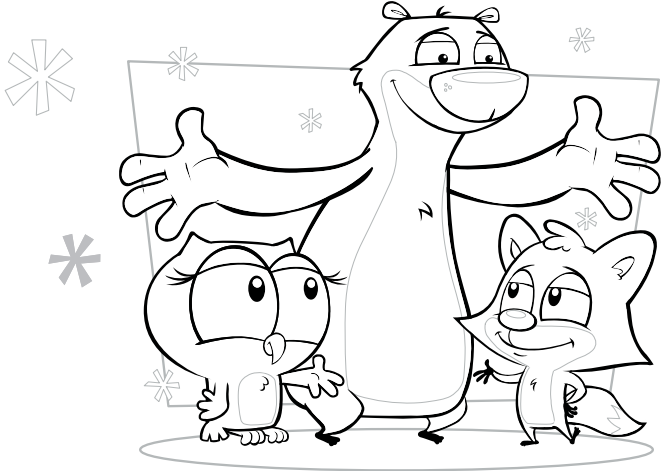


Name: _____

**Building
Resilience
with Hunter
and Eve**

Getting Help

SUGGESTED FOR:
Grades K-2



When You Need Help:

- 1. Think** of a safe person who could help you.
- 2. Explain** what you need.
- 3. Say thanks** for the help you receive.

Safe People Who Can Help Me

Think of some **SAFE** people who could help you.
Draw their picture and label.

1.



firefighter

2.

3.

4.

5.

6.

Practice Time!

Practice saying these 5 easy words...

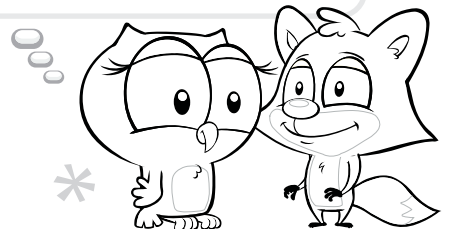
“Can you help me, please?”



Put a in a box each time you practice saying those words.

IDEA:

Take turns practicing
this with your friends!



Spelling Practice!

Using some important words from the "Getting Help" video, practice spelling the following words by writing them on the blank lines.



ask

explain

help

* _____	* _____	* _____
* _____	* _____	* _____
* _____	* _____	* _____
* _____	* _____	* _____
* _____	* _____	* _____

safe

thanks

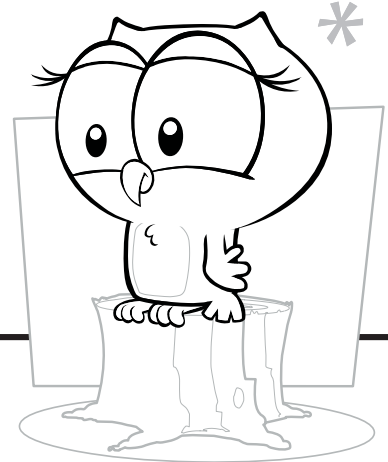
* _____	* _____
* _____	* _____
* _____	* _____
* _____	* _____
* _____	* _____

S					
		p			

* Remember always say "thank you" for the help you receive!

				k	
--	--	--	--	---	--

*
Using the 5 spelling words you practiced, fill in the missing letters to complete the word puzzle.



Decorate these two very important words!
Make them look as special as you are!

“THANK YOU!”

